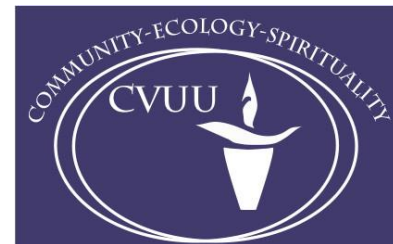


Coming Home

The Newsletter of the Cache Valley Unitarian Universalists

Vol. 21 No. 8 November 2015



We are a religiously liberal, welcoming community, united in a responsible search for knowledge and spiritual growth. Bound by no dogma or creed, Cache Valley Unitarian Universalists value and promote peace, liberty, social justice, and environmental sustainability through personal, community, and global action.

Sunday Services

All services begin at 10am

NOVEMBER 1, 2015

***Voices From the Larger Fellowship:
Why I am Joining the First
Unitarian Church (of Hobart, IN)***
- Susan Buffer

NOVEMBER 8, 2015

Parliament of World Religions
- Jennifer Courtwright

NOVEMBER 15, 2015

Finding Peace in Uncertainty
- Lorien Belton

NOVEMBER 22, 2015

Reflection & Meditation
- Lorien Belton
***Interfaith Service at the Logan
Tabernacle (7pm)***

NOVEMBER 29, 2015

Thanksgiving
- Tara Hawkins



Join us for Sunday Services at the
**Jay and Leslie Black
Fellowship House**
596 E 900 N, Logan, UT
(435) 755-2888



Tara's Corner

"Keep the Chalice Lit"



I always think of my family when it starts to get cold. Most of my family lives in California where it never rains or freezes. Normally, I would spend two weeks with them around Thanksgiving and we would have a party every day just to celebrate being together. This year I'm moving and will be unable to make the pilgrimage. So, in addition to being stressed out about the move; I'm feeling rather blue and homesick.



We all go through times where we are distant from our families either geographically or emotionally. It is during those times that we turn to friends, fellow UUs, and neighbors for support. Studies have shown that the more friendships you have, the longer you are likely to live. There is a direct link between love and survival.

During this time, when the world grows cold and dark, let us be a light to one another. Let's take the time to get to know one another better. Let's take the opportunity to serve one another. Let's be liberal with our hugs and smiles.

Let's keep the chalice lit within our hearts and take every moment we can to be with one another.



Tara Hawkins, Lay Leader

Meet Your Cluster!

The Utah-Idaho Cluster of the **Mountain Desert District** is made up of the following UU churches, fellowships, and societies



[Cache Valley Unitarian Universalists](#)



FIRST UNITARIAN CHURCH
OF SALT LAKE CITY

[First Unitarian Church of Salt Lake City](#)



[Pocatello Unitarian Universalist Fellowship](#)



South Valley Unitarian Universalist Society
An Intentionally Diverse Religious Community
6876 S. Highland Dr., Cottonwood Heights, UT 84121 • 801-944-9723

[South Valley Unitarian Universalist Society](#)



Unitarian Universalist Church
in Idaho Falls

A Welcoming Congregation celebrating the inherent worth of every person

[Unitarian Universalist Church in Idaho Falls](#)



[Unitarian Universalist Church of Ogden](#)



Utah Valley Unitarian
Universalists

[Utah Valley Unitarian Universalists](#)



Unitarian Universalist Principles

1st Principle: The inherent worth and dignity of every person;

2nd Principle: Justice, equity and compassion in human relations;

3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;

4th Principle: A free and responsible search for truth and meaning;

5th Principle: The right of conscience and the use of the democratic process within our congregations and in society at large;

6th Principle: The goal of world community with peace, liberty, and justice for all;

7th Principle: Respect for the interdependent web of all existence of which we are a part



Sources of our Living Tradition

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature

Who's in Charge Here Anyway?



CVUU Board of Trustees

Dave Christian
President

Jay Black
Vice-President

Lorien Belton
Treasurer

Julianne Larsen
Treasurer elect

Jennifer Courtwright
Secretary

Staff

Sharla Hart
Organizational Coordinator

Jennifer Hamilton
Director of Religious Education

Tara Hawkins
Lay Leader

Emily James
Worship Coordinator

Michelle Wiltgen
Music Director



President's Page - "Dr. Dave"

It's OUR Church: What Do You Want It to Be?

It's an exciting time at CVUU. We have a lot of changes underway. We see great members moving on to new chapters in their lives. We are grateful for new members and visitors who are joining us and stepping in to fill the roles of those leaving. We have new staff positions and new staff members. We are implementing new structures. We are revising and re-staffing our committees. All of this is designed to better serve our two missions - building our internal community and creating a better platform for our outreach programs. But with all this change, one thing remains the same: This is OUR church.



Many churches have fixed rituals, doctrines and practices. But UUs enjoy considerable freedom to be creative. How our church functions is largely up to us. Of course, we should continue practices that have worked well. But we are free to try new things in response to our changing needs and resources. This freedom is one of the things I like most about being a UU.

But with this greater freedom comes greater responsibility. Our church is as good as we are. Our community, facilities and outreach programs are only as good as the effort, ingenuity and resources we invest in them.

As we continue along this path of change, I invite each of you to consider what you want from CVUU. With so much change underway, it's a good time to ask:

1. What do you like about the way CVUU works now?
2. What would you like to see changed?
3. What talents or resources can you share?
4. What roles are you willing to play?

Pass on your thoughts regarding these questions to me or any of our board members. As your board we want make sure that CVUU is evolving to meet our changing needs and goals. We look forward to hearing about what you want OUR church to be.

*"Goodness is the only
investment that never fails."*

- Henry David Thoreau

Newsletter editor:
Susan Buffler
cvuu.newsletter@gmail.com



Dave Christian, CVUU Board President

Active Committees

- Building
 - *Jay Black*
- Environmental & Social Justice
 - *Jenny Norton & Paul Rogers*
- Grounds
 - *Jean Lown*
- Membership/Fellowship
 - *Nyla Newman*
- Religious Education
 - *Jennifer Hamilton*
- Worship/Sunday Services
 - *George Wooton*

Children & Youth Religious Education Program Teachers Needed!

For more information contact:

Jennifer Hamilton, Director of Religious Education
cvuu.dre@gmail.com OR

Sharla Hart, CVUU Organizational Coordinator
sharla.hart@gmail.com

CVUU has a new [Pinterest](#) page!



Pinterest is a visual bookmarking program and it allows us to inform one another of organizations, websites, events, podcasts of mutual interest.

Any suggestions for edits, please let Susanne know and she will try to improve the text and add more content.

Ideas? Contact:
Susanne.Janecke@usu.edu



Membership

At the October Board meeting it was decided to combine Hospitality (coffee hour) and Fellowship (coffee purchasing) Committees which once again brings up the issue of someone taking responsibility for Sunday coffee hour. Thank you Marlene Conner for doing it for eight long years! Thank you Ellen Klomps for pitching in whenever you are able. Thank you Dawn Hansen for signing up the first Sunday of the month.

The Membership and Caring Committees will be combined. Marlene Conner has been responsible for the Caring Committee. She is able to handle health issues of the congregation, but is unable to write notes any longer or send birthday cards due to health issues. Anyone out there who would like to help Marlene?

Membership Committee is always looking for greeter volunteers. There is a sign-up sheet at the left of the guest sign-up book. Greeting new and familiar faces is a joy and an important part of attracting new members. It is critical for people to be warmly greeted and helped to feel welcome and aware of what CVUU has to offer. Please choose a Sunday of your convenience and sign-up.

Since we had no one attend our Oct. RUAUU session we will offer it again soon.

Circle Dinners were a raving success according to those attendees. Thank you to all who hosted and attended.

Nov. 30th is fifth Sunday potluck, and since it falls on Thanksgiving, Shar suggested we call it Leftover Potluck Sunday.

Membership questions? Contact committee members: Nyla Newman Leslie Black, Sharla Hart, Dawn Hansen, Marlene Conner, Julianne Larsen.



Nyla Newman, Membership chair
reikipeace@gmail.com

"May I know that there is no wrong path. May I know that there are many paths, each one different.

May I trust myself enough to know that I am held, I am loved, I am accepted for doing the best I can."

- Rev. Meg Riley - Church of the Larger Fellowship



Lights: Last person(s) out, turn off ALL lights inside and out (including downstairs) and make sure all doors and windows are locked. Thanks!



Solar Power

Production:

SEPTEMBER = 111KWH

Check it out!

[CVUU solar power production](#)

It's that time of year again!



Snow Removal at

CVUU: Help Needed!

Thanks to Bruce Pendery for using his snowblower to clear the drives and sidewalks of snow but he needs help. When there is less than 3" of snow, shovels are more effective. Pick up a shovel and get some exercise!

Shovel a space for your vehicle **before** parking. Parking on the snow in the driveway creates difficult to remove ice build-up and hampers snow removal process.

Our sidewalks get a lot of foot traffic (especially during the week) which quickly packs down to ice. 'Snow melt', sand, and shovels located near the outdoor trash/recycling bins for icy walks.

Please pitch in to help with snow removal this winter (and not just on Sundays)! It's more fun than working out at the gym ☺ Thanks!



CVUU Building & Grounds



RECYCLING: Are You Recycle Aware?

NO PIZZA BOXES

We have a major problem with contamination of the recycling and a simultaneous problem of failure to recycle items that should go in the blue bin.

- PLEASE read the flyers and info attached to the indoor and outdoor blue bins about what is and what is NOT recyclable.
- All items must be CLEAN!!
- NO FOOD (such as icing on a cardboard box or pizza boxes with grease or cheese)
- NO used tissues, paper towels, or aluminum foil.
- NO plastic bags!

As much as you might *wish* that these items were recyclable, they contaminate the rest of the items and cost us all money from inefficiency. Recycling is a very low margin process. Don't throw a monkey wrench into the works! Be responsible.

GLASS RECYCLE: Rinse glass containers and place in basket under the sink in the CVUU kitchen.



"Who Does The Laundry? Who Waters The Plants?

Who Picks Up Litter? Do you ever wonder who washes the kitchen and bathroom hand towels? A couple of us do so on a regular basis but, as with most CVUU cleaning and maintenance, we could use more help, especially when we are out of town.

- Water indoor plants if drooping and soil is dry
- Take any towels home and run them through the wash
- Replace with clean towels from the drawer next to refrigerator
- Be a good neighbor and pick up trash that blows across the street from The Factory apartment construction
- Please help CVUU present a good image to the neighborhood!



GROUND: Fall Leaf & Yard Clean Up

Join us for leaf and yard clean up on **Saturday, November 7 from 9 am to 1 pm**. Bring rakes, pick-up trucks, and tarps to cover loads going to the landfill. CVUU has only 1 or 2 leaf rakes so please bring your own. Rain date: Sunday after church (an excuse to leave your high heels, white shirts & ties at home).



HANDY PERSON NEEDED

Handy with a screw driver? A volunteer is needed to permanently put up the blind in the kitchen/dining area. Contact Jean (info below) with availability or more info.



Thanks to the many helpers!

Questions? Contact Jean at jean.lown@usu.edu or call 435-752-6830

Regular Happenings



Socrates Café meets

at 7:00 p.m. on the first Tuesday of every month for stimulating questions and lively discussion. We meet right here at CVUU.

Participants are invited to submit a question or topic to discuss. We vote for our favorite question and then the discussion begins! We wrap up by 8:30. We are one of over 600 Socrates Cafes meeting worldwide.

If you would like to be on our reminder list, let Dave Christian know at

dchristian999@gmail.com.

For more info, check out Philosopher.org. Hope to see you!



Ewe Ewe Knitting and Fiber Arts Small Group Ministry

Join the CVUU Ewe Ewes (get it!) every Thursday evening at 7pm at CVUU for an evening of sharing and fiber arts and crafts.

Beginners welcome! Snacks and a bit of wine are usually served. U do not have to be UU (or drink wine) to join the Ewe Ewes!

Contact Susan at **cvuu.newsletter@gmail.com** to confirm if the group will meet on a given evening OR join the Ewe Ewes Fiber Arts public [Facebook Group page](#)



Financial Planning For Women

Want To Learn To About Investing or Be Sure You Are On Track to Achieve Your Goals?

Successful Investing with [Financial Planning for Women](#)

Fall programs focus will be on investing, from basics to strategies for experienced investors. **November 11. Join us at 11:30-12:30 p.m.** in USU Taggart Student Center Room 336 **or 7-8:30 p.m.** at the USU Family Life Center, 493 N 700 E, Logan.

No charge; all ages and knowledge levels are welcome. Men are always welcome.

Check the searchable [FPW Blog](#) for lots of great consumer and financial planning information:

Improve Your Personal Finances!

Need help sorting out your personal finances? Trying to figure out how to afford college tuition? Not sure about your asset allocation for retirement? [Find us on Facebook!](#)

Jean Lown also offers financial advising to CVUU members in exchange for a modest donation to CVUU.



For information: Contact *Jean Lown* at 435-797-1569
jean.lown@usu.edu



Cache Youth Resource Center

The [CYRC](#) is a youth drop-in center open every Friday 4:30-7:30 to any youth age 14-23. We are a safe and supportive space for LGBTQ youth. Meets at CVUU in the Youth Room/north entry



From the Newsletter Editor

Submit newsletter items to:

Susan Buffler at cvuu.newsletter@gmail.com


- Articles preferably no longer than 250 words
- Send in Word or other document format, preferably not in the body of the email
- Any submission is subject to editing 😊
- Photos encouraged
 - Make sure you have permissions / attribution OR
 - use images with Creative Commons license

Deadline: the evening of the third day before the end of the month (October 29). Items received following the deadline will not be posted for that month.



Susan Buffler

CVUU Calendar for November 2015

Sun.	M	T	W	Th.	F	Sat.
1 Sunday Service Voices From the Larger Fellowship: Why I am Joining the First Unitarian Church	2	3 Socrates Café 7 pm (see page 6)	4 Amrita Sangha 7pm	5 Ewe Ewe Knitting/Fiber Arts Group 7pm (see p. 6)	6 CYRC 4:30pm	7
8 Sunday Service Parliament of World Religions	9 Cache Valley Buddhist Sangha 7:15pm	10	11 Amrita Sangha 7pm	12 Ewe Ewe Knitting/Fiber Arts Group 7pm	13 CYRC 4:30pm	14
15 Sunday Service Finding Peace in Uncertainty	16 Citizen's Climate Lobby meeting 6pm Cache Valley Buddhist Sangha 7:15pm	17	18 Financial Planning for Women (see page 6) Amrita Sangha 7pm	19 Ewe Ewe Knitting/Fiber Arts Group 7pm	20 CYRC 4:30pm	21
22 Sunday Service Reflection & Meditation Thanksgiving Interfaith Service at the Logan Tabernacle (7pm)	23 Cache Valley Buddhist Sangha 7:15pm	24 December newsletter deadline	25 Amrita Sangha 7pm	26 <i>Thanksgiving Day</i>	27 CYR 4:30pm	28
29 Sunday Service Thanksgiving Leftover Sunday potluck 11:30	30 Cache Valley Buddhist Sangha 7:15pm	31			 All activities listed here are held at the Jay and Leslie Fellowship House 596 E. 900 N., Logan, UT unless otherwise noted	